

Produce

- 2-3 Arugula (bag)
- 1 Basil (container)
- 2 Cucumber
- 2 Garlic
- 1 Kale bunch
- 3 Lemon
- 1 Parsley bunch
- 1 Red Bell Pepper
- 1 Red Onion
- 2 Sliced Mushrooms
- 4 Tomatoes
- 1 Yellow Onion

Protein

- 2 Chicken Thighs (trays)
- 3 Ground Pork (1lbs)

Other

- 16oz Black Olives, whole
- 2 Chicken Stock (16oz container)
- Coffee k-cups
- 28oz Diced Tomatoes
- Dijon Mustard
- 2 Extra Light Olive Oil
- 2 Red Wine Vinegar
- Pecans, chopped

Seasoning

- Fennel Seed
- Garlic Powder
- Italian Seasoning
- Onion Powder
- Oregano
- Pepper
- Pumpkin Spice Seasoning
- Salt
- Smoked Paprika